

Bronxville 10708 • Eastchester • Tuckahoe

Community Guide

Directory of Services for Our Community



**By the Community Guide Committee of
The Community Fund of Bronxville Eastchester Tuckahoe, Inc.**

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by The Community Fund of Bronxville Eastchester Tuckahoe, Inc.

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Fall 2004

Dear Reader,

The Community Fund of Bronxville Eastchester Tuckahoe is pleased to present the **Bronxville 10708 Eastchester Tuckahoe Community Guide**. The idea for the guide germinated after the publication of the highly-acclaimed **Bronxville Eastchester Tuckahoe Senior Guide** in February 2002. *The Senior Guide* provided information for seniors in the community on programs ranging from transportation to recreation to health services. Once published, many people asked if there were a similar resource with general community information. A Community Fund Volunteer Committee answered the call. With support from school officials, community leaders, religious leaders, Community Fund Member Agencies, and various community service groups, the Committee spent the next year and a half researching information and working to organize the information in a coherent and useful format. Here is the fruit of their labors!

We have organized the Guide to allow you to access information easily. The first section includes **Community Hotlines** with addresses, phone numbers and websites where appropriate. The next section is the **Topic Index** which lists organizations by types of services with contact information. For detailed information about a specific Health and Social Service Organization in the Topic Index, you can reference the appropriate page in the **Health & Social Service Profiles**. For your convenience, we have also included a **Medical & Emergency Information** sheet at the beginning of the book and a **Health Care Proxy** at the end.

Please note that this Guide is meant to be an informational tool for the Bronxville 10708, Eastchester, Tuckahoe community. We do not make any specific representations about or endorsements of any of the services listed. We hope you will find the guide useful and that, as you read, you will advise us of any corrections or improvements so they can be considered for any future reprintings.

The Community Guide Committee

P.S. You can also find **The Community Guide** on The Community Fund's website, www.thecommunityfund.org

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Medical & Emergency Information

Emergency Number – 911
Lawrence Hospital – 787-1000

Poison Control – 1-800-222-1222
American Red Cross – 946-6500

Name/Address: _____

Phone (Home): _____

Cell Phone: _____

E-mail: _____

Work Place (Father): _____

Address: _____

Phone/Cell/E-mail: _____

Work Place (Mother): _____

Address: _____

Phone/Cell/E-mail: _____

Friend Phone/Cell: _____

Neighbor Phone/Cell: _____

Relative Near By/Phone: _____

Relative Out-of-State/Phone: _____

Caregiver/Phone: _____

Primary Doctor Phone: _____

Primary Dentist Phone: _____

Other Numbers: _____

Other Numbers: _____

Family Member: _____

Specific Health Problem/Medication: _____

Family Member: _____

Specific Health Problem/Medication: _____

Pharmacy Phone: _____

Health Care Proxy on file at: _____

Living Will on file at: _____

Topic Index

ADOPTION – see HEALTH/SOCIAL SERVICES – ADOPTION SERVICES

AFTER-SCHOOL PROGRAMS –
see SCHOOLS – AFTER-SCHOOL PROGRAMS

ANNUAL COMMUNITY SAFETY DAYS SPONSORED BY THE COMMUNITY FUND

Bronxville Community Safety Day, fall, Library Lane, check with Police Dept.
Eastchester Community Safety Day, May, Eastchester Town Hall,
check with Police Dept.
Tuckahoe Community Safety Day, May, check with Police Dept. for date/location

ANNUAL FAMILY COMMUNITY EVENTS

Bicycle Sundays (sponsored by Westchester County)
Sundays May – October, 10AM-1PM, Bronx River Parkway
Bronxville Fall Festival (sponsored by the Chamber of Commerce)
Saturday of Columbus Day Weekend, sidewalk sale & kids fair
Bronxville Christmas Pageant
Reformed Church Lawn, 5:30PM, Christmas Eve
Bronxville Farmers Market, Sat. AMs, June – Nov., Stone Place & Paxton Ave.
Bronxville Memorial Day Weekend
PTA School Fair on Sat.; Village Parade on Mon., followed by kids games
Bronxville Summer Pops Concerts (sponsored by B'ville Village & Chamber of
Commerce) Bronxville HS Lawn, Thursdays at 8PM
Bronxville Youth Council Halloween Parade – the Friday before Halloween
Bronxville, Eastchester, Tuckahoe Sidewalk Sales
Watch newspapers or contact Bronxville or Eastchester Chamber of Commerce
Concordia Conservatory December Community Musical, auditions in October
Eastchester Breakfast with Santa at Lake Isle Town Park
a Saturday in December, contact Eastchester Recreation for date
Eastchester Egg Hunt Eggstravaganza
Eastchester Town Hall Lawn, 2nd Saturday before Easter
Eastchester Rag-a-Muffin Halloween Parade
Eastchester Middle School, Sunday before Halloween
Eastchester Summer Sound Series, Town Hall Lawn, Wednesdays at 7:30PM
Eastchester Youth Council Summer Theater Musical Production
Eastchester High School, August weekend, check newspapers
Eastchester Tree Lighting Ceremonies – at East. Town Hall & neighborhoods
Contact Eastchester Recreation for info by neighborhood Civic Association
Eastchester/Tuckahoe Columbus Day Parade & Festivities
Sunday – starts Eastchester Town Hall, ends Depot Square Tuckahoe
Greek Festival, Holy Trinity Greek Orthodox Church Fair
10 Mill Road, New Rochelle, Thurs.-Sun. in September

Immaculate Conception Church, Annual Family Carnival, early June weekend
 Reformed Church Nursery School Harvest Moon Festival, Saturday in October
 Sarah Lawrence College Annual May Fair, Children's Fun & Games
 1st Saturday in May, Westlands Lawn, Sarah Lawrence College
 Tuckahoe Antique Show (sponsored by Tuckahoe Beautification Committee)
 Saturday in September, call Village Hall for location
 Tuckahoe/Crestwood Street Fair (sponsored by Tuckahoe Beautification
 Committee) Fun for the whole family on a Sunday in May
 Tuckahoe Day, a September street fair, entertainment & food for the whole family,
 including the Challenge Road Race
 Tuckahoe Fireworks Festivities, date announced by Village of Tuckahoe
 Tuckahoe Health Fair, October weekend at Community Center,
 71 Columbus Avenue
 Tuckahoe Historical Society Barn Sale, September
 Marbledale School House, California Road, Eastchester
 Tuckahoe HoHo Day/Santa's Workshop for whole family, December weekend
 Tuckahoe Holiday Boutique (sponsored by Tuckahoe Beautification Committee)
 Sunday in December
 Tuckahoe Senior Citizens Bazaar, October, Community Center,
 71 Columbus Avenue
 Tuckahoe Summer Lunch Series, Thurs. in August, 12 Noon-2 PM, at Mini-Mall

BEREAVEMENT SERVICES –

see HEALTH/SOCIAL SERVICES – BEREAVEMENT SERVICES

BLINDNESS SERVICES –

see HEALTH/SOCIAL SERVICES – RESOURCES FOR THE BLIND

BRONXVILLE VILLAGE HALL (www.villageofbronxville.com)

200 Pondfield Road337-6500

CABLE TV – COMMUNITY ACCESS

Bronxville Village: Channel 74
 Bronxville School: Channel 76
 Eastchester Town: Channel 19
 Eastchester School: Channel 78
 Tuckahoe Village: Channel 75
 Tuckahoe School: Channel 77

CANCER RESOURCES –

see HEALTH/SOCIAL SERVICES – CANCER RESOURCES

CHAMBERS OF COMMERCE

Bronxville Chamber of Commerce, 81 Pondfield Road.....337-6040
 Eastchester/Tuckahoe Chamber of Commerce, PO Box 66, East.779-7344

CHILD CARE – see HEALTH/SOCIAL SERVICES – CHILD CARE

CHURCHES/HOUSES OF WORSHIP

Annunciation Church (Catholic)
 470 Westchester Avenue, Crestwood.....779-7345
 Asbury Crestwood United Methodist Church (Methodist)
 167 Scarsdale Road, Tuckahoe.....779-3722
 Christ Church (Episcopal)
 17 Sagamore Road, Bronxville.....337-3544
 Christian Fellowship of Westchester (Christian)
 American Legion Hall, 40 Bell Road, Eastchester793-8060
 Church of the Assumption (Catholic)
 100 Pleasant Avenue, Tuckahoe961-3643
 Congregation of the Messiah (Christian)
 Woodlot Road & Lincoln Place, Eastchester.....337-9600
 Eastchester Community Church (Presbyterian)
 Woodlot Road, Eastchester779-5236
 Emanuel A.M.E. Church (Methodist)
 6 Van Duzen Place, Tuckahoe793-2526
 First Baptist Church (Baptist)
 407 New Rochelle Road, Bronxville793-2560
 First Church of Christ Scientist (Christian Science)
 10 Tanglewylde Avenue, Bronxville.....337-1196
 Good Shepherd Assembly of God (Pentecostal)
 11 Wilmot Road, New Rochelle961-0227
 Grace Lutheran Church (Lutheran)
 59 Grand Boulevard, Scarsdale472-4252
 Holy Trinity Greek Orthodox Church (Greek Orthodox)
 10 Mill Road, New Rochelle235-6100
 Immaculate Conception Church (Catholic) (www.assumption-immaculate.org)
 65 Winter Hill Road, Tuckahoe961-3643
 Immaculate Heart of Mary Church (Catholic)
 8 Carmen Road, Scarsdale.....723-0276
 New York Japanese Church of Christian & Missionary Alliance (Christian)
 26 Cameron Place, Tuckahoe.....961-8407
 NY Han Sarang United Methodist Church (Methodist)
 25 Oakland Avenue, Tuckahoe779-3316
 Reformed Church of Bronxville (Reformed) (www.reformedchurch.org)
 180 Pondfield Road, Bronxville337-6776
 Shiloh Baptist Church (Baptist)
 15 Marble Place, Tuckahoe961-2664
 Sinai Free Synagogue (Jewish)
 550 North Columbus Avenue, Mt. Vernon.....664-1727
 St. Joseph's Church Bronxville (Catholic) (www.stjosephsbronxville.org)
 15 Cedar Street, Bronxville337-1660
 St. Luke's Church (Episcopal)
 98 Stewart Avenue, Eastchester.....961-3856
 Village Lutheran Church (Lutheran)
 172 White Plains Road, Bronxville337-0207
 West Center Congregational Church (Congregational)
 101 Pondfield Road West, Bronxville337-3829

COLLEGES – see SCHOOLS – COLLEGES & CONTINUING EDUCATION

COMMUNITY SERVICE ORGANIZATIONS

- American Legion, Arrigo Post, 40 Bell Road, Scarsdale
- American Legion, White Plains Road, Eastchester
- American Legion Leonard Morange Post #464 (www.villageofbronxville.com)
- Boulder Ledge Garden Club (www.villageofbronxville.com)
- Bronxville Beautification Council (www.villageofbronxville.com)
- Bronxville Historical Conservancy, PO Box 989, Bronxville
- Bronxville League for Service, PO Box 13, Bronxville
- Bronxville Lions Club, c/o Underhills Crossing, Bronxville337-1200
- Bronxville Rotary Club, PO Box 203, Bronxville
- Bronxville Women’s Club, 135 Midland Avenue, Bronxville337-3252
- Bronxville Youth Council, c/o Bronxville H.S.
(e-mail: bronxvillyouthcouncil@yahoo.com)
- The Community Fund of Bronxville, Eastchester, Tuckahoe, Inc.
(www.thecommunityfund.org) 15 Park Place, Bronxville337-8808
- Concordia College Rotoract, Rotary College Program.....337-9300 (x2122)
- Daughters of the American Revolution – Anne Hutchinson Chapter
(www.villageofbronxville.com)
- Eastchester Beautification Foundation, contact Eastchester Town Hall...771-3301
- Eastchester Auxiliary Police, contact Eastchester Police Dept.....961-4355
- Eastchester Citizen Corps (ECC), contact EastchesterTown Hall771-3301
- Eastchester Interact Club, Rotary H.S. program.235-3056
- Eastchester H.S. Leo Club, Lions H.S. program, contact Eastchester H.S.
- Eastchester Rotary Club, c/o Mar D’s Restaurant, Eastchester.....961-1111
- East./Tuck. Lions Club, c/o Pinocchio’s Ristorante, Eastchester 337-0044
- Eastchester Volunteer Ambulance Corp (EVAC) (www.eastchesterems.com)
257 Main Street, Eastchester.....337-3051
- Friends of the Bronxville Public Library, 201 Pondfield Road.....337-7680
- Junior League of Bronxville Inc. (www.jlbronxville.org)
PO Box 430, Bronxville 793-5097
- Lawrence Hospital Auxiliary & Volunteer Services787-3316
- League of Women Voters of Bronxville, PO Box 321, Bronxville949-0507
- Tuckahoe Beautification Committee, contact Village Hall961-3100

CRISIS INTERVENTION – see HOTLINES

DISABLED – see HEALTH/SOCIAL SERVICES – RESOURCES FOR DEVELOPMENTALLY DELAYED & DISABLED

DOMESTIC VIOLENCE –

see HEALTH/SOCIAL SERVICES – DOMESTIC VIOLENCE SERVICES

EASTCHESTER TOWN HALL (www.eastchester.org)

40 Mill Road771-3300

EATING DISORDERS –

see HEALTH/SOCIAL SERVICES – EATING DISORDERS

EMERGENCY & SAFETY SERVICES – see HOTLINES

GOVERNMENT – ELECTED OFFICIALS (as of Sept. 2004)

- U.S. Senator Charles Schumer, District Office:
757 Third Avenue, Suite 17-02, NYC 10017212-486-7693
- U.S. Senator Hillary Rodham Clinton, District Office:
780 Third Avenue, Suite 2601, NYC 10017212-688-6262
- U.S. Congresswoman Nita Lowey, District Office:
222 Mamaroneck Avenue, White Plains 10605914-428-1707
- NY State Senators:
35th District: Nicholas Spano, District Office:
1 Executive Boulevard, Yonkers, 10701914-969-5194
- 34th District: District Office:
2019 Williamsbridge Road, Bronx 10461718-792-7180
- NY State Assembly:
88th District: Amy Paulin, District Office:
700 White Plains Road, Scarsdale 10583914-723-1115
- Westchester County Board of Legislators:
10th District (Eastchester, Tuckahoe, part of New Rochelle):
Vito Pinto914-995-2817
- 15th District (Bronxville, part of Yonkers):
Louis Mosiello914-995-2830
- Town of Eastchester, Supervisor Anthony Colavita.....914-771-3300
- Village of Bronxville, Mayor Nancy Hand914-337-6500
- Village of Tuckahoe, Mayor Michael Martino.....914-961-3100

GOVERNMENT OFFICES – LOCAL

- Bronxville Village Hall (www.villageofbronxville.com)
200 Pondfield Road337-6500
- Eastchester Town Hall (www.eastchester.org)
40 Mill Road771-3300
- Tuckahoe Village Hall (www.tuckahoe.com)
65 Main Street961-3100

GOVERNMENT OFFICES – COUNTY (www.westchestergov.com)

- Westchester County Board of Elections995-5700
- Voter Registration Info800-367-8683
- Westchester County Consumer Protection Department995-2155
- Westchester County Department of Social Services995-5000
- Westchester County Department of Health813-5000
- Westchester County Legislator995-2830
- Westchester District Attorney.....995-3415

GOVERNMENT OFFICES – STATE (www.state.ny.us)

NYS Attorney General’s Office	422-8755/800-771-7755
(www.oag.state.ny.us)	
NYS Dept. of Motor Vehicles (DMV)	800-342-5368
(www.nydmv.state.ny.us)	

GOVERNMENT OFFICES – NATIONAL (www.firstgov.gov)

U.S. Internal Revenue Service – tax forms (www.irs.gov)	800-829-3676
U.S. Post Office (www.usps.com)	800-275-8777
U.S. Post Office: Bronxville Office, 119 Pondfield Road, Bronxville.....	779-7092
U.S. Post Office: Eastchester Office, 155 Fisher Avenue, Eastchester...	779-7130
U.S. Post Office: Tuckahoe Office, 7 Columbus Avenue, Tuckahoe.....	779-7128
U.S. Post Office: Yonkers Office, 79-81 Main Street, Yonkers	378-3600
U.S. Social Security Administration (www.ssa.gov)	800-772-1213

HEALTH CARE PROXY (see page 50)**HEALTH/SOCIAL SERVICES – ADOPTION SERVICES**

(see Health & Social Service Profiles)

Family Services of Westchester	937-2320
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HEALTH/SOCIAL SERVICES – BEREAVEMENT SERVICES

(see Health & Social Service Profiles)

Bereavement Center of Westchester – TreeHouse Program	
(see Lawrence Community Health Services)	961-2818 (x317)
Jansen Memorial Hospice	
(see Lawrence Community Health Services)	961-2818
Westchester Jewish Community Services	
Bereavement Program	949-7699 (x366)

HEALTH/SOCIAL SERVICES – RESOURCES FOR THE BLIND

(see Health & Social Service Profiles)

American Council of the Blind	800-424-8666
Lighthouse International.....	683-7500
New York State Talking Book & Braille Library	800-342-3688

HEALTH/SOCIAL SERVICES – CANCER RESOURCES

(see Health & Social Service Profiles; see also Health/Social Services – Bereavement and Health/Social Services – Hospitals)

American Cancer Society.....	949-4800
Cancer Support Team	777-2777
Gilda’s Club of Westchester	644-8844
Phelps Memorial Hospital – Cancer Support Groups	336-0664

HEALTH/SOCIAL SERVICES – CHILD CARE

(see Health & Social Service Profiles)

Child Care Council of Westchester	761-3456
Family Services of Westchester	937-2320

HEALTH/SOCIAL SERVICES –**RESOURCES FOR DEVELOPMENTALLY DELAYED & DISABLED**

(see Health & Social Service Profiles)

Autism Society of America – Westchester Chapter	921-2590
CHADD	845-278-3020
Early Childhood Direction Center.....	597-4056
Heartsong Inc	725-9272
Hudson Valley Developmental Disabilities Services Office	332-8989
Pathways School	779-7400
Public Schools Special Education: Bronxville	395-0500 (x2402)
Public Schools Special Education: Eastchester	793-6130 (x4226)
Public Schools Special Education: Tuckahoe.....	337-5376 (x255)
Richmond of New York.....	968-1900
South East Consortium for Special Services, Inc.....	698-5232
Student Advocacy	347-3313
Westchester County Office for the Disabled	995-2957
Westchester Jewish Community Services	761-0600

HEALTH/SOCIAL SERVICES – DOMESTIC VIOLENCE SERVICES

(see Health & Social Service Profiles)

My Sister’s Place	683-1333
New York State Child Protective Services.....	800-635-1522
Pace Women’s Justice Center	422-4069
Victims Assistance Services.....	345-3113
Westchester County Department of Probation –	
Adult Family Court Intake.....	231-2900
Westchester County Dept of Probation –	
Persons in Need of Supervision (PINS)	231-2900
Westchester Jewish Community Services	761-0600

HEALTH/SOCIAL SERVICES – EATING DISORDERS

(see Health & Social Service Profiles)

American Anorexia and Bulimia Association.....	www.aabainc.org
Center for Eating Disorder Recovery (CEDR)	244-1904
Four Winds Hospital.....	763-8151
The Guidance Center	636-4440
N.Y. Presbyterian Hospital West. Division Eating Disorder Program.....	682-6929
Silver Hill Hospital	800-899-4455
Westchester County Department of Health	813-5000
Wilkins Center, Greenwich.....	203-531-1909

HEALTH/SOCIAL SERVICES – HOSPICE (see Health & Social Service Profiles)

Hospice Care of Westchester & Putnam.....	666-4228
Hospice of Westchester.....	682-1484
Jansen Memorial Hospice (Lawrence Comm. Health Services).....	961-2818
Phelps Memorial Hospice.....	366-3000

HEALTH/SOCIAL SERVICES – HOSPITALS
(see Health & Social Service Profiles)

Lawrence Hospital Center.....	787-1000
Montefiore Hospital.....	718-904-2000
Mount Vernon Hospital.....	664-8000
Phelps Memorial Hospital Center.....	366-3000
Sound Shore Medical Center.....	632-5000
St. John’s Riverside Hospital.....	964-4444
St. Vincent’s Hospital.....	967-6500
Westchester Medical Center.....	493-7000
White Plains Hospital Center.....	681-0600

HEALTH/SOCIAL SERVICES – MENTAL HEALTH/COUNSELING SERVICES (see Health & Social Service Profiles)

Center for Preventive Psychiatry.....	949-7680
The Counseling Center.....	793-3388
Family & Community Services, Inc. (FCS).....	961-4773
Family Services of Westchester.....	937-2320
Four Winds Hospital.....	763-8151
The Guidance Center.....	636-4440
Mental Health Association of Westchester County.....	345-5900
New York Presbyterian Hospital – Westchester Division Anxiety & Mood Disorder Program.....	997-5950
New York Presbyterian Hospital – Westchester Division Child – Adolescent Services.....	997-5752
Pelham Guidance Council.....	738-0530
Psychiatric Society of Westchester, Inc.....	967-6285
St. Vincent’s Hospital Westchester.....	967-6500
Westchester Jewish Community Services.....	761-0600

HEALTH/SOCIAL SERVICES – NON-ENGLISH SPEAKING FAMILIES

Bronxville Adult School, PO Box 334, Bronxville.....	793-4435
Living in America, Hitchcock Presbyterian Church 6 Greenacres Avenue, Scarsdale.....	723-3311
Tuckahoe Library Japanese Children’s Story Time 71 Columbus Avenue.....	961-2121

HEALTH/SOCIAL SERVICES – OTHER SERVICES
(see Health & Social Service Profiles)

Alzheimer’s Association (www.alzhudsonvalley.org).....	800-272-3900
American Heart/Stroke Association – Westchester/Putnam Chapter....	694-6464
HIV/AIDS: AIDS Related Community Services (ARCS).....	345-8888
The Loft, Gay/Lesbian Support.....	948-2932
Planned Parenthood of Westchester/Putnam.....	800-230-7526
Pregnancy Care Center.....	235-9535
Westchester County Department of Health Sexually Transmitted Disease Clinic.....	813-5000
Westchester County Healthcare Organization’s Aids Care Center.....	493-7700
Westchester End-of-Life Coalition.....	www.westchesterendoflife.org
WJCS’s Center Lane.....	948-1042

HEALTH/SOCIAL SERVICES – PHYSICAL RESIDENTIAL REHABILITATION SERVICES
(see Health & Social Service Profiles)

Burke Rehabilitation Center.....	597-2500
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HEALTH/SOCIAL SERVICES – SUBSTANCE ABUSE PROGRAMS
(see Health & Social Service Profiles)

Al-Anon Information Service (includes Al-Ateen).....	946-1748
Alcoholics Anonymous.....	949-1200
Arms Acres Chemical Dependence Treatment Center.....	845-225-3400
Daytop Village Inc.....	949-6640
Four Winds Hospital.....	763-8151
Maxwell Institute of St. Vincent’s Westchester.....	337-6033
New York Presbyterian Hospital – Westchester Division Addiction & Recovery Service.....	997-4300
Pelham Guidance Council.....	738-0530
St. John’s Riverside Hospital Behavioral Health Services.....	964-7873
St. Vincent’s Hospital Westchester.....	967-6500

HOSPICE – see HEALTH/SOCIAL SERVICES – HOSPICE
(see Health & Social Service Profiles)

HOSPITALS – see HEALTH/SOCIAL SERVICES – HOSPITALS
(see Health & Social Service Profiles)

LEGAL SERVICES

IRS Tax Help (www.irs.gov).....	800-829-1040
Lawyer Referral Service of the Westchester County Bar Association....	761-5151
Pace Women’s Justice Center.....	422-4069
Victims Assistance Services.....	345-3113
Westchester Mediation Center.....	963-6500
Westchester/Putnam Legal Services.....	949-1305

LIBRARIES

Bronxville Public Library, 201 Pondfield Road	337-7680
M,W,F 9:30-5:30; Tu 9:30-9; Th 1-9, Sat 9:30-5, Sun 1-5, Modified summer hours.	
Concordia College, Scheele Library	337-9300 (x2210)
Eastchester Public Library, 11 Oakridge Plaza	793-5055
M,W 9-9, Tu,Th 9-5, Sat 9-5 winter, 9-1 summer; Sun 1-5 winter	
Sarah Lawrence College Library, 1 Mead Way, Bronxville.....	395-2474
Tuckahoe Public Library (www.tuckahoelibrary.org)	
71 Columbus Avenue	961-2121
M,W 10:30-8:30; Tu,Th,Fri 10:30-5:30, Sat. 10-5 (Sept-June), Sat.10-1 (July& Aug), Sun 1-4:30 (Oct-May)	
Westchester Library System	www.westchesterlibraries.org
Yonkers Public Library, Crestwood Branch, 16 Thompson Street.....	337-1500
Yonkers Public Library, Grinton I. Will Branch	
1500 Central Park Avenue.....	337-1500

MENTAL HEALTH – see HEALTH/SOCIAL SERVICES –
MENTAL HEALTH / COUNSELING SERVICES

NEIGHBORHOOD ASSOCIATIONS –
contact your Village or Town Government.

NEWSPAPERS & JOURNALS

The Bronxville Bulletin, c/o Shoreline Publishing	
629 Fifth Avenue, Pelham	738-7869
The Bronxville Historical Conservancy Journal, P.O. Box 989, Bronxville	
Eastchester Record, 40 Larkin Plaza, Yonkers.....	965-4000
Journal News, Subscriptions.....	1-888-GANNETT
League of Women Voters – Voters Guide (available at Public Libraries)	
Review Press Reporter (weekly).....	637-2241
Subscriptions	1-888-GANNETT
The Town Report, 200 William Street, Port Chester	653-1000

NURSERY SCHOOLS – see SCHOOLS – NURSERY & PRESCHOOL

POST OFFICES

U.S. Post Office (www.usps.com)	800-275-8777
U.S. Post Office: Bronxville Office, 119 Pondfield Road, Bronxville.....	779-7092
U.S. Post Office: Eastchester Office, 155 Fisher Avenue, Eastchester...	779-7130
U.S. Post Office: Tuckahoe Office, 7 Columbus Avenue, Tuckahoe.....	779-7128
U.S. Post Office: Yonkers Office, 79-81 Main Street, Yonkers	378-3600

RADIO STATIONS – LOCAL NEWS

WFAS: 1230AM or 103.9FM; WVOX: 1460AM

RECREATIONAL, CULTURAL, & EDUCATIONAL MISC. PROGRAMS FOR THE FAMILY

Bicycle Sundays, sponsored by Westchester County, Sun. May–Oct., 10AM-2PM, Bronx River Parkway	Parks Hotline 864-PARK
Bronxville Village Recreation Program (www.villageoffbronxville.com)	
tennis for all ages, paddle tennis & more	337-6500
Concordia College Events (www.concordia-ny.edu)	337-9300
Concordia Conservatory (www.concordia-ny.edu)	
171 White Plains Road, Bronxville	395-4507
Musical Adventures for Children Concerts Series and more	
Eastchester Arts Council, PO Box 74, Eastchester	
Eastchester Town Recreation Department (www.eastchester.org).....	771-3311
Historic Hudson Valley (Sunnyside, Kykuit, Phillipsburg Manor, Sleepy Hollow, Union Church, Van Cortlandt Manor, & Montgomery Place)	www.hudsonvalley.org
Hudson River Museum, museum & planetarium (www.hrm.org)	
511 Warburton Avenue, Yonkers.....	963-4550
Ice Skating – Murray Skating Rink (City of Yonkers Parks Department)	
348 Tuckahoe Road, Yonkers.....	377-6469
Ice Skating – Twin Lakes, check signs or call Eastchester Recreation....	771-3311
Jewish Community Center (www.jccmidwestchester.org)	
999 Wilmot Road, Scarsdale.....	472-3300
Lake Isle Town Park, Eastchester Town Facility (e-mail: lakeisle@eastchester.org)	
Tennis, swimming, & golf, 660 White Plains Road	961-3453
Old Marble Schoolhouse	
corner of California and New Rochelle Roads, Eastchester	793-1900
Pelham Art Center, 155 Fifth Avenue, Pelham	738-2525
Philipsburgh Performing Arts Center (www.philipsburgh.org)	
2-8 Hudson Street, Yonkers	964-8977
Philipse Manor Hall (www.philipsemanorfriends.org)	
Warburton Avenue & Dock Street, Yonkers	965-4027
Sarah Lawrence College Events	395-2412
St. Paul’s National Historic Site & Bill of Rights Museum	
897 South Columbus Avenue, Mt. Vernon, NY	667-4116
Westchester Arts Council (www.westarts.com)	
31 Mamaroneck Avenue, White Plains	428-4220
Westchester County Parks & Recreation Department	
General Information.	864-7275
Permit Information.	864-7075
YMCA of White Plains, 250 Mamaroneck Avenue, White Plains.....	949-8030
YWCA of White Plains (www.ywcawhiteplains.org)	
515 North Street, White Plains	949-6227

REHABILITATION – see HEALTH/SOCIAL SERVICES – PHYSICAL
RESIDENTIAL REHABILITATION SERVICES

SCHOOLS – AFTER-SCHOOL PROGRAMS

Chapel School (www.vlc-ny.org)	
172 White Plains Road, Bronxville	337-0207
Child Care Council – Referral Department	761-3456 (x140)
E.A.S.Y. (see Profiles under Family & Community Services)	961-3717
Eastchester Community Action Program (ECAP)(see Profiles)	337-7768
St. Joseph’s School (Catholic), 30 Meadow Avenue, Bronxville.....	337-0261
Tuckahoe After School Care (T.A.S.C.) (see Profiles).....	337-5376 (x242)
Woodlot Christian Pre-School, 11 Woodlot Road, Eastchester	779-0368

SCHOOLS – COLLEGES & CONTINUING EDUCATION

Bronxville Adult School, PO Box 334, Bronxville	793-4435
College Careers Fund of Westchester, Inc.	428-3435
College of New Rochelle (www.cnr.edu)	
29 Castle Place, New Rochelle	654-5000
Concordia College (www.concordia-ny.edu)	
171 White Plains Road, Bronxville,	337-9300
Eastchester & Tuckahoe Adult School (e-mail: adulsted@eastchester.k12.ny.us)	
550 White Plains Road, Eastchester.....	793-6130 (x4660)
Iona College (www.iona.edu), 715 North Avenue, New Rochelle...800-231-4662	
Manhattanville College (www.mville.edu)	
2900 Purchase Street, Purchase	694-2200
Marymount College of Fordham University (www.marymt.edu)	
100 Marymount Avenue, Tarrytown	800-724-4312
Mercy College (www.mercy.edu)	
555 Broadway, Dobbs Ferry	800-637-2969
Pace University (www.pace.edu)	
861 Bedford Road, Pleasantville.....	800-874-7223
Sarah Lawrence College (www.sl.c.edu)	
1 Mead Way, Bronxville.....	337-0700
State Univ. of NY (SUNY) Purchase College (www.purchase.edu)	
735 Anderson Hill Road, Purchase	251-6000
Westchester Community College (www.wcc.co.westchester.ny.us)	
75 Grasslands Road, Valhalla.....	785-6600

SCHOOLS – NURSERY & PRESCHOOL

Asbury Nursery School (2-4 yrs.) (e-mail: asburynurserys@aol.com)	
67 Scarsdale Road, Tuckahoe.....	779-3762
Bronxville Montessori School (2 yrs.-K)	
101 Pondfield Road West, Bronxville	793-2083
Chapel School Nursery (3 yrs.-8th Grade) (www.vlc-ny.org)	
172 White Plains Road, Bronxville	337-0207
The Child’s Dream (2-4 yrs.), 10 Mill Road, New Rochelle.....	633-4332
Eastchester Child Development Center, incl. Head Start (18 mos.-5 yrs.)	
(see Profiles under Family & Community Services)	337-4492
Eliza Corwin Frost Child Center (14 mos.-5yrs.)	
17 Sagamore Road, Bronxville.....	779-4852

Grace Lutheran Church Creative Playtime Nursery School (2-4 yrs.)	
59 Grand Boulevard, Scarsdale	472-4777
Mother & Child Center (2-4 yrs.), 11 Wilmot Road, New Rochelle	235-7917
Reformed Church Nursery School (2 yrs. -pre-K)	
6 Kraft Avenue, Bronxville.....	337-6332
Sarah Lawrence Early Childhood Center (2 yrs.- 1st grade) (www.sl.c.edu)	
1 Mead Way, Bronxville.....	395-2353
Woodlot Christian Pre-School (3-5 yrs.) (www.woodlotchristianpreschool.com)	
11 Woodlot Road, Eastchester	779-0368

SCHOOLS – PRIVATE

Chapel School (Lutheran) (Nursery-8th Grade) (www.vlc-ny.org)	
172 White Plains Road, Bronxville	337-0207
Immaculate Conception School (Catholic) (pre-K-8th grade)	
White Plains Road, Eastchester	961-3785
Pathways School (for special needs children grades K-6)	
(see separate listing)	779-7400
St. Joseph’s School (Catholic),(grade K-8) (www.stjosephschool.net)	
30 Meadow Avenue, Bronxville	337-0261
(Mothers’ Club website: www.stjosmc.org)	

SCHOOLS – PUBLIC SCHOOLS

BRONXVILLE PUBLIC SCHOOLS (website: www.bronxville.k12.ny.us)	
Business Office.....	395-0500 (x3310)
Special Education.....	395-0500 (x2402)
Bronxville Elementary School (grades K-5),	
177 Pondfield Road	395-0500 (x1304)
Bronxville Middle School (grades 6-8),	
177 Pondfield Road	395-0500 (x3800)
Bronxville High School (grades 9-12),	
177 Pondfield Road	395-0500 (x2262)
Bronxville School Parent Teacher Association, 177 Pondfield Road	
Bronxville School Foundation, 177 Pondfield Road.....	395-0515

EASTCHESTER PUBLIC SCHOOLS

 (website: www2.lhric.org/eastchester)

Business Office.....	793-6130 (x4258)
Special Education.....	793-6130 (x4226)
Elementary: Anne Hutchinson School (grades 2-5)	
60 Mill Road	793-6130 (x4293)
Elementary: Greenvale School (grades 2-5)	
Park & Maple, Scarsdale	793-6130 (x4280)
Elementary: Waverly School (grades K,1)	
45 Hall Street	793-6130 (x4311)
Eastchester Middle School (grades 6-8)	
550 White Plains Road.....	793-6130 (x4267)
Eastchester High School (grades 9-12)	
Stewart Place	793-6130 (x4221)

Eastchester School Parent Teacher Association – contact each school directly
Eastchester School Foundation, 580 White Plains Road

TUCKAHOE PUBLIC SCHOOLS (website: www2.lhric.org/th1)

Business Office337-5376 (x221)
Special Education.....337-5376 (x255)
William E. Cottle Elementary School (gr. K-5), 2 Siwanoy Blvd 337-5376 (x272)
Tuckahoe Middle School (grades 6-8), 65 Siwanoy Blvd.....337-5376 (x245)
Tuckahoe High School (grades 9-12), 65 Siwanoy Blvd.....337-5376 (x269)
Tuckahoe Parent Teacher Association, c/o 65 Siwanoy Boulevard
Tuckahoe School Foundation, c/o 65 Siwanoy Boulevard.....337-5376 (x556)

SENIOR ACTIVITIES: CENTERS & PROGRAMS

***NOTE: COMMUNITY FUND SENIOR GUIDE AVAILABLE**

UPON REQUEST AT THE THREE SENIOR CENTERS (see * below)

American Association of Retired Persons.....888-687-2277
***Bronxville Senior Citizens, c/o Bronxville Village Hall793-2222**
Eastchester Senior Nutrition Program
Lake Isle, 660 White Plains Road, Eastchester337-0390
***Eastchester Senior Programs and Services (www.eastchester.org)**
Town Hall, 40 Mill Road, Eastchester (see profiles)771-3340
Garth Road Senior Center, Wednesdays and Fridays
235 Garth Road, Scarsdale.....771-3340
Lake Isle Senior Center (see Eastchester Senior Nutrition Program above)
Meals-on-Wheels 10708
(Bronxville/Yonkers 10708, Tuckahoe 10707)787-3027
Meals-on-Wheels, c/o Eastchester Senior Programs771-3340
Meals-on-Wheels Yonkers, c/o Yonkers Office for the Aging377-6822
Older Driver Family Assistance Program.....245-2094
Senior Citizens Council, PO Box 24, Bronxville (see profiles)
Sundays Alive at Concordia College
c/o Eastchester Senior Programs and Services.....reservations:771-3343
***Tuckahoe Senior Citizens Center, 4 Union Place, Tuckahoe337-8487**
Yonkers Office for the Aging, 2 Park Avenue, 4th Floor, Yonkers377-6822
Westchester County Department of Senior Programs and Services813-6300

SOCIAL SECURITY

U.S. Social Security Administration (www.ssa.gov)800-772-1213

SUBSTANCE ABUSE –

see HEALTH/SOCIAL SERVICES – SUBSTANCE ABUSE PROGRAMS

TAXES

U.S. Internal Revenue Service – tax forms (www.irs.gov)800-829-3676

THRIFT SHOPS

(see Health & Social Service Profiles)

Bargain Box at Lawrence Hospital (see Lawrence Hospital Center)787-3195
Clothing Closet of The Reformed Church337-6776
Eastchester Community Action Program (ECAP)337-7768
Family Closet Thrift Shop of Sacred Heart Church965-0032
Rags to Riches Thrift Shop of Asbury United Methodist Church779-3722

TRANSPORTATION

Amtrak (www.amtrak.com)800-872-7245
Metro North (www.mta.nyc.ny.us)800-METRO-INFO
JFK International Airport (www.panynj.gov).....718-244-4444
La Guardia Airport (www.panynj.gov).....718-533-3400
Newark International Airport (www.panynj.gov).....973-961-6000
Westchester County Airport (www.westchestergov.com/airport)995-4850
NY State Thruway Authority (www.thruway.state.ny.us)800-847-8929
Westchester County Bee-Line Bus System
(www.beelinebus.westchestergov.com)682-2020

TUCKAHOE VILLAGE HALL (www.tuckahoe.com)

65 Main Street961-3100

YOUTH ACTIVITIES – MISCELLANEOUS

Babysitting Courses – check your school or
the American Red Cross, 106 North Broadway, White Plains946-6500
“Babysitting Basics”, Red Cross Certificate Course offered several times
per year by Town of Eastchester for ages 11-14771-3311
Boy Scouts of America Westchester-Putnam County
(www.wpcbsa.org)773-1135
Bronxville Youth Council, e-mail: bronxvilleyouthcouncil@yahoo.com
Drivers Education Classes (Concordia College)961-5366
Girl Scouts of Westchester/Putnam747-3080
Eastchester Interact Club, Rotary H.S. program,
contact Eastchester Town Rec. Dept.
Working Papers for students, contact your school Guidance Office

YOUTH ACTIVITIES – SPORTS

Bronxville Skating Club, c/o Bronxville Elementary School,
held at Murray Skating Rink, Yonkers.....Murray Skating Rink: 377-6469
Bronxville Tennis Program, c/o Village Recreation337-6500
Eastchester Baseball & Softball League.....www.eteamz.com/eb
Eastchester Basketball League – basketball for children grades 4-8
Eastchester Recreation771-3311
Eastchester Blue Devils football, lacrosse, & cheerleading
For children 6-14, Eastchester Recreation771-3311
Eastchester Little League Baseball – baseball & softball for ages 5-12
e-mail: eastchesterll@yahoo.com

Eastchester Youth Soccer Association (EYSA) – soccer for grades K-9 (www.eysoccer.com).....	472-3196
Spotlight Gymnastics, in conjunction with Bronxville Recreation Department Sign up at Bronxville Village Hall.....	337-6500
Tuckahoe Youth Association (TYA) baseball & softball for ages 7-12 (www.eteamz/tuckahoeyouthassn.com).....	771-3311

YOUTH ACTIVITIES – SUMMER/VACATION PROGRAMS

Bronxville Village Junior Day Camp (www.bronxvilledaycamp.com) Bville School- five week, half-day camp ages 4-6	337-6500
Bronxville Village Senior Day Camp (www.bronxvilledaycamp.com) Scouts Field- five week, half-day camp grades 1-7.....	337-6500
Bronxville Village/Spotlight Gymnastic Program (www.bronxvilledaycamp.com) Bville School- five week, afternoon program, ages 4-grade 7	337-6500
Concordia College “Summer at Concordia Programs” Music & enrichment plus sports program	395-4848
Concordia Conservatory Music Programs (www.concordia-ny.edu) 171 White Plains Road, Bronxville	395-4507
Eastchester Community Action Program summer activities.....	337-7768
Eastchester Baseball & Softball League(www.eteamz.com/eb1)	
Eastchester Town School Vacation Camps – vacation periods for grades 1-5	
Eastchester Town Summer Camp Galaxy held at the Eastchester Public School – 6-week full day camp for grades 1-6	
Eastchester Town Summer Camp Quest, travel camp (from Tuckahoe Community Center) 5-week full day for children Grades 7-9	
Eastchester Town Summer Camp Rainbow held at Immaculate Conception School – 6-week half-day camp for children Age 5-8	
Eastchester Youth Council Summer Theater (ages 13-21) c/o Eastchester Recreation	337-3311
Jewish Community Center Mid-Westchester (www.jccmidwestchester.org) Ages 2 1/2-grade 9	472-3300
YMCA of White Plains 250 Mamaroneck Avenue, White Plains	949-8030
YWCA of White Plains (www.ywcawhiteplains.org) 515 North Street, White Plains	949-6227

VOLUNTEER OPPORTUNITIES

FOR DETAILED LISTING OF VOLUNTEER OPPORTUNITIES, VISIT

THE COMMUNITY FUND WEBSITE (www.thecommunityfund.org)	
The Bereavement Center of Westchester (Adults).....	961-2818 (x317)
Bronxville Youth Council (Teens)	e-mail: bronxvilleyouthcouncil@yahoo.com
The Cancer Support Team (Adults)	777-2777
College Careers Fund of Westchester (Adults)	428-3435
Concordia College Rotoract (Rotary College Program)	337-9300 (x2122)
Eastchester Arts Council (Adults), c/o Eastchester Town Hall.....	771-3300
Eastchester Citizens Corps (Adults), c/o Eastchester Town Hall	771-3300
Eastchester Community Action Program (Adults/Teens).....	337-7768

Eastchester Interact Club (Rotary High School Program)	235-3057
Eastchester Senior Nutrition Program (Adults/Teens)	337-0390
Eastchester Volunteer Ambulance Corps (EVAC)(Adults/Teens)	337-3051
Family & Community Services, Inc. (Adults/Teens)	961-4773
Fessenden House (Adults/Teen Groups).....	966-8051
The Fountains at Rivervue (Adults/Teens)	768-6000
Greyston Foundation (Adults/Teen Groups).....	376-3900
Habitat for Humanity (Adults/Teens)	636-8335
Heartsong, Inc. (Adults/Teens)	725-9272
Jansen Memorial Hospice (Adults).....	961-2818
The Junior League of Bronxville (Adults) (www.jlbronxville.org)	793-5097
Juvenile Law Education Project (Adults)	997-8449
Lawrence Hospital Center (Adults/Teens)	787-3316
The League of Women Voters of B’ville (Adults) ..e-mail:bronxvilleleague@aol.com	
Literacy Volunteers of Westchester (Adults)	592-2656
Meals-on-Wheels 10708 (Adults/Teens)	787-3027
Midnight Run (Adults/Teens).....	693-7817
New York State Assemblywoman Amy Paulin’s Office (Adults/Teens) ..	723-1115
Senior Citizens Council (Adults), c/o Bronxville Village Hall	793-2222
Sharing Community Soup Kitchen (Adults/Teens).....	963-2626
South East Consortium for Special Services (Adults/Teens)	698-5232
Tuckahoe After School Care (Adults/Teens)	337-5376 (x242)
Tuckahoe Public Schools (Adults/Teens)	337-5376 (x251)
Van Cortland – Pelham Bay Park (Adults/Teens)	718-430-1890
Victims Assistance Services (Adults).....	345-3113
Westhab, Inc. (Groups).....	345-2800
Westchester End-of-Life Coalition (Adults)	www.westchesterendoflife.org

Health & Social Service Profiles

A

Al-Anon Information Service

www.westchester-putnam-al-anon.org

946-1748 (24 hr phone service)

PO Box 868
White Plains, NY 10602-0868

Programs include Al-Anon, Al-Ateen and Al-Anon Adult Children. Provides support groups for families, friends and children of alcohol abusers through a 12-step program. Call for dates and locations.

Area served: Westchester and Putnam Counties; free.

Alcoholics Anonymous

949-1200

www.alcoholics-anonymous.org
www.nyintergroup.org
(for meeting times/locations)

Program of total abstinence from alcohol maintained through shared experience of strength and hope and group meetings and through the suggested Twelve Steps for Recovery from Alcoholism.

Fees: None.

American Anorexia and Bulimia Association

www.aabainc.org

Provides information about eating disorders to sufferers, their families and friends.

American Cancer Society - Westchester Division

www.cancer.org

**949-4800 or
800-227-2345**

2 Lyon Place
White Plains, NY 10601

Hours: 24/7 phone access.

Nationwide, community-based organization dedicated to eliminating cancer by prevention and to diminishing suffering through research, education, advocacy and service.

Area served: Westchester; free.

American Council of the Blind

www.acb.org

800-424-8666

Provides services including toll-free information and referral, scholarship assistance to blind/visually impaired post-secondary students, public education and awareness training, consumer advocacy, legal assistance, legislative training, employment counseling, governmental monitoring, consultation and advocacy.

American Heart/Stroke Association - Westchester/Putnam Chapter

www.americanheart.org

694-6464

3020 Westchester Avenue
Purchase, NY 10577

Hours: M - F 9-5.

Fund-raising organization which also provides information and referrals.

Area served: Westchester and Putnam Counties; free.

Arms Acres Chemical Dependence Treatment Center

www.armsacres.com

(845) 225-3400

75 Seminary Hill Road
Carmel, New York 10512

Residential alcoholism and substance abuse facility for adolescents and adults. Also provides out-patient services, including an intensive after-school program for ages 12-18.

Area served: Westchester; call for fees.

Autism Society of America - Westchester Chapter

www.autism-society.org

921-2590

Provides information, referrals, networking opportunities and advocacy on issues regarding autism.

Area served: Westchester; free.

B

The Bereavement Center of Westchester - see Lawrence Hospital Center - Lawrence Community Health Services

Bronx Westchester Community Awareness Program, Inc.

699-1153

15 W. Broad Street
Mount Vernon, NY 10552

Hours: M - F 9-5.

A not-for-profit corporation funded by the New York State legislature to help individuals who need assistance dealing with government agencies.

Area served: Bronxville, Eastchester, Tuckahoe, Mount Vernon and Pelham; free.

Bronxville Youth Council

email:
bronxvilleyouthcouncil@yahoo.com

c/o Bronxville High School
177 Pondfield Road
Bronxville, NY 10708

Volunteer organization which provides high school students in the 10708 zip code area with opportunities for community service, leadership and healthy social activities.

Area served: Students residing in the 10708 zip code area.

Burke Rehabilitation Hospital

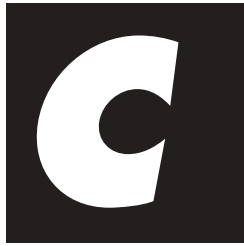
www.burke.org
597-2500

785 Mamaroneck Avenue
White Plains, NY 10605

Hours: Office M – F 9-5.

A private, not-for-profit hospital and medical research center providing medical rehabilitation services to persons recovering from disabling illnesses and injuries and numerous support groups. It also has a fitness center and exercise programs geared to the needs of mature adults.

Area served: Westchester and beyond; support groups free.



Cancer Support Team, Inc.

www.cancersupportteam.com
777-2777

875 Mamaroneck Avenue, Suite 204
Mamaroneck, NY 10543

Hours: M – F 9-3.

Provides professional support services including nursing visits for care management, pain and symptom control, oncology social work services, nutritional guidance and community referrals. Limited financial assistance is available. Volunteer opportunities available.

Area served: Lower Westchester; free.

Center for Eating Disorder Recovery (CEDR)

www.cdrecoverycenter.org
244-1904

67 South Bedford Road
Mt. Kisco, NY 10549

Additional location:
472-4019

Apple Bank Plaza
1075 Central Park Avenue
Scarsdale, NY 10582

Hours: M – Sat. by appointment.

Provides out-patient services including individual, family, and group therapy as well as nutritional counseling using area physicians to treat the medical aspects of eating disorders (i.e. anorexia, bulimia, compulsive/binge eating and other self harmful behaviors).

Area served: Westchester; call for fees.

Center for Preventive Psychiatry

949-7680

19 Greenridge Avenue
White Plains, NY 10605

Hours: M – Th. 8:30-7:30, F 8-5.

Outpatient mental health treatment for children to age 12, therapeutic nursery for children age 2-5, parent/child nursery for children age birth to 2 and crisis services for all ages.

Area served: Westchester; call for fees.

CHADD

www.chadd.org
(845) 278-3020

A non-profit organization which provides information on Attention-Deficit Disorder (ADD) to parents, educators, professionals, the media and the general public.

Child Care Council of Westchester, Inc.

www.childcarewestchester.org

761-3456

470 Mamaroneck Avenue
White Plains, NY 10605

Hours: M – F 9-5.

Works with parents, child care providers, employers and community organizations to help promote the availability of quality child care services in Westchester County. They provide referral services for parents and training for child care providers.

Area served: Westchester; call for fees.

The Clothing Closet at The Reformed Church

337-6776

c/o The Reformed Church of Bronxville
180 Pondfield Road
Bronxville, NY 10708

Sales of gently-used clothing and bric-a-brac four Saturdays per year. Check local papers for date or call The Reformed Church. Volunteer opportunities available.

College Careers Fund of Westchester, Inc.

428-3435

email: ccareers@aol.com

PO Box 1530
White Plains, NY 10601

Hours: M – F 9-5.

Provides post-secondary educational counseling and services to underprivileged youth.

Area served: Westchester; free.

The Community Fund of Bronxville Eastchester Tuckahoe, Inc.

www.thecommunityfund.org

337-8808

15 Park Place
Bronxville, NY 10708

Provides financial, administrative and marketing support to over 30 local social service agencies and community initiatives in the Bronxville 10708, Eastchester and Tuckahoe area. Volunteer opportunities available.

The Counseling Center

www.counselingcenter.org

793-3388

c/o The Reformed Church
180 Pondfield Road
Bronxville, NY 10708

Hours: M – F by appointment.

Offers counseling and psychotherapy to families seeking help for a variety of emotional conflicts and family problems. Staff includes pastoral counselors, psychologists, psychiatrists, marriage and family therapists, and social workers.

Area served: Westchester; call for hours and fees.



Daytop Village Inc.

www.daytop.org

949-6640

246 Central Avenue
Hartsdale, NY 10530

Hours: M – Sat.

Out-patient drug and alcohol intervention programs for adolescents and adults.

Area served: Westchester; call for fees.



Early Childhood Direction Center

597-4057

317 North Street
White Plains, NY 10605

Free, neutral, confidential information and referral center for parents and professionals regarding services for children with known or suspected special needs from birth to age five.

Area served: Westchester, Rockland and Putnam; free.

Eastchester Community Action Program (ECAP)

(part of the Westchester Community Opportunity Program)

337-7768

142-144 Main Street
Tuckahoe, NY 10707

Hours: M – F 9-5.

Provides community services to low-income families, including advocacy and referral programs, food pantry, after-school programs, summer activities for children, clothing support and other emergency support.

Area Served: Bronxville, Eastchester, Tuckahoe; free.

Eastchester Senior Programs and Services

(Department of the Town of Eastchester)

771-3340

Eastchester Town Hall
40 Mill Road, Eastchester, NY 10709

Hours: M – F 9-5.

Eastchester Town Department which provide: (1) Comprehensive and coordinated community-based support systems designed to enable seniors to remain in their own homes and community. (2) A weekday lunch program (Lake Isle Nutrition Center). (3) Senior centers (Lake Isle Senior Center and Garth Road Senior Center).

Area served: Bronxville, Eastchester, Tuckahoe; free.

Lake Isle Nutrition Program (Eastchester Senior Programs and Services)

337-0390

660 White Plains Road
Eastchester, NY 10709

Hours: M – F 9-4.

Garth Road Senior Center (Eastchester Senior Programs and Services)

771-3340

235 Garth Road
Scarsdale, NY 10583

Hours: M, F 12-4.

Sundays Alive (Eastchester Senior Programs and Services)

771-3343 (for reservations)

Monthly program and lunch.

Commons Dining Hall
Concordia College
171 White Plains Road
Bronxville, NY 10708

Eastchester Volunteer Ambulance Corps (EVAC)

337-3051

Main Street, Eastchester, NY 10709

Hours: Coverage 24/7.

Provides emergency medical services to residents, merchants and visitors throughout the Town of Eastchester.

Area served: Bronxville, Eastchester, Tuckahoe, free. Insurance reimbursement requested.

Volunteer opportunities for ages 16+.

Eastchester Youth Council Summer Theater Program **771-3311**

c/o Eastchester Recreation

Eastchester Town Hall
40 Mill Road
Eastchester, NY 10709

Summer theater workshop program for Eastchester Town residents age 13-21. Instruction in drama, voice, dance, instrumental music, and theater arts are given tuition-free with a musical presentation in August.

Area served: Bronxville, Eastchester, Tuckahoe; free.



Family & Community Services, Inc. (FCS)

www.fcs-e.org

961-4773

551 White Plains Road
Eastchester, NY 10709

Hours: M – Th. 8-8; F 9-5.

Provides a broad range of services, including a pre-school program, home healthcare, community volunteer program, mental health clinic and other related programs.

Area served: Lower Westchester; call for fees for individual programs.

FCS B.E.T.T.E.R. Program *(Bronxville, Eastchester, Tuckahoe for Teaching Enrichment & Recreation)* **961-4773**

An intergenerational volunteer program that brings all the generations together: children, teenagers, adults and seniors in meaningful, well-planned programs and activities.

FCS Eastchester After School Youth Program *(EASY)*

961-3717

email: EASY@optonline.net

Anne Hutchinson School
60 Mill Road
Eastchester, NY 10709

After-School enrichment program for kindergarten through 6th grade children.

Hours: 2:45-6 school days, vacation and early dismissal programs.

FCS Eastchester Child Development Center (ECDC) **337-4492**

35 Bronx Street
Tuckahoe, NY 10707

Hours: M – F 7:30-6.

Nurturing childcare program dedicated to the education of the whole child, ages 18 months to 5 years. Also includes a Head Start Program.

FCS Eastchester Home Care/Senior Care Services **961-4773**

Personal care and home care services for disabled and homebound persons of all ages.

FCS Mental Health Clinic **961-4773**

NY State Office of Mental Health licensed clinic serving people ages 6 and above with emotional problems. Individual, family and group therapy offered, in addition to psycho-pharmacology.

The Family Closet Thrift Shop of Sacred Heart Church **965-0032**

34 Convent Avenue
Yonkers, NY 10703

Hours: W 11-3;
Sat. 1-4 (Closed July & August)

Offers gently used women's and children's clothing, books, toys and small household items at reasonable prices. All proceeds benefit parish school. Volunteer opportunities available.

Area served: Yonkers and local communities.

Family Information and Referral Service Teams, Inc. (FIRST)

www.firstwp.org

949-6789

(First Health Connection)

244 Westchester Avenue
White Plains, NY 10605

Hours: M – F 8-5.

Provides FIRST Health Connection – a phone service for information and referral to a myriad of health and health related services throughout Westchester County.

Area served: Westchester; free.

Family Services of Westchester

www.fsw.org

937-2320

One Gateway Plaza
Port Chester, NY 10573

Programs include adoption & children's services, Big Brother/Big Sister, Camp Viva, early childhood programs, elder abuse program, family mental health, geriatric outreach/case management, home health care, intergenerational adult day care program, parent skills training, respite care, special needs youth programs, Westchester County youth council youth programs, disabled resources, support groups, mentoring, volunteer opportunities.

Area Served: Westchester; call for fees.

Additional Locations:

**FSW's Pelham Family
Mental Health Program**

738-1728

507 Fifth Avenue
Pelham, NY 10803

A mental health clinic which also provides home health care, support services for HIV patients and helps foster and adoptive families with parenting skills and family administration such as budgeting.

FSW's ADAPT Program

668-9124

9 W. Prospect Avenue
Suite 309
Mount Vernon, NY 10550

Individual and family therapy, home care, group home services

Area served: Westchester; call for fees.

**FSW's Adoption and
Children's Services**

948-8004

1 Summit Avenue
White Plains, NY 10601

Hours: M – F 9-5.

Provides services to birth mothers, adoptive parents, and adoptees. Home studies, post-placement supervisions, and counseling about adoption-related issues.

Area Served: Westchester, Long Island, Lower Connecticut; call for fees.

**Four Winds
Hospital**

www.fourwindshospital.com

763-8151

800-528-6624

800 Cross River Road
Katonah, NY 10536

Hours: 24/7.

Provides comprehensive inpatient and outpatient mental health treatment services for children, adolescents and adults.



**Gilda's Club
of Westchester**

www.gildasclubwestchester.org

644-8844

80 Maple Avenue
White Plains, NY 10601

Hours: M – F 9-5;
call for evening hours.

Provides free social and emotional support to people with cancer and their families and friends. Caregiver support, counseling, lectures, workshops, social events and support groups are offered.

Area served: Westchester; free.

**The Guidance
Center**

www.theguidancecenter.org

636-4440

70 Grand Street
New Rochelle, NY 10801

Hours: Hours depend upon service,
please call or visit website.

Multi-service agency for residents of all ages: helping kids develop life skills, creating jobs for individuals recovering from psychiatric illness, providing housing and psychiatric services for the homeless, offering support groups for newly immigrated Latinos and wellness programs for seniors to prevent a relapse of mental illness.

Area Served: Northern Bronx and Southern Westchester; call for fees.



Heartsong Inc.

www.heartsong.org

725-9272

590 Central Park Avenue, Suite C
Scarsdale, NY 10583

Hours: Office: M – F 8-5.

Programs: Sat. 8-4:30, Sept. – June.

Bronxville Program Location:

Concordia College
171 White Plains Road
Bronxville, NY 10708

White Plains Program Location:

Good Counsel Academy Elementary
52 North Broadway
White Plains, NY 10603

A music and art therapy program for children with disabilities, age birth to teen. Volunteer opportunities available.

Area served: Tri-State area; free.

**HIV/AIDS:
AIDS Related
Community Services**

www.arcs.org

345-8888

40 Saw Mill River Road
Hawthorne, NY 10532

Hours: M – F 9-5.

Provides HIV/AIDS client services and prevention education.

Area served: Lower and mid- Hudson valley; free.

**Hospice Care
of Westchester
& Putnam**

666-4228

100 South Bedford Road, Suite 340
Mt. Kisco, NY 10549

Hours: 24/7.

Comprehensive hospice care for terminally ill patients including medical, nursing and home care from nurses aides, social workers, chaplains, dietitians, volunteers and bereavement counselors.

Area served: Westchester & Putnam;
Covered by Medicare/Medicaid.

Hospice of Westchester

www.hospiceofwestchester.com

682-1484

The Esplanade, Fourth Floor
95 South Broadway
White Plains, NY 10601

Hours:

Office hours: M – F 8:30-4:30

On-call: 24/7.

Provides a full range of services for patients suffering from life-threatening illnesses including cancer, cardiac illnesses and Alzheimer's disease in the comfort of their own homes. Volunteer opportunities available.

Area served: Westchester; call for fees.



Jansen Memorial Hospice -
see Lawrence Hospital Center - Lawrence Community Health Services

Jewish Community Center Mid-Westchester

www.jccmidwestchester.org

472-3300

999 Wilmot Road
Scarsdale, N Y 10583

Non-profit community center providing a broad range of programs and classes, including aquatics, gymnastics, sports & fitness, dance, theatre, arts, technology, Jewish culture and family relations. Facilities include pool, cardiovascular fitness center, weight room, racquetball and basketball courts. Summer camp programs for ages 2 through 9th grade.

Area served: Westchester; membership fee.



Lawrence Hospital Center

www.lawrencehealth.org

787-1000

Physician referral:

787-5000

55 Palmer Avenue
Bronxville, NY 10708

Hours: 24/7.

A 280 bed acute care facility with special centers in cardiology, maternity services, orthopedics and oncology. LHC is a member of the New York Presbyterian Healthcare Network. Emergency care through its recently renovated Emergency Room.

Area served: Westchester and Bronx.

Lawrence Community Health Services

961-2818

69 Main Street
Tuckahoe, NY 10707

Lawrence Home Care of Westchester provides certified home health care, registered nurses, therapists, health aides, an early intervention program and a senior nutrition program.

phone: **961-2818 (x 0)**

Jansen Memorial Hospice

provides expert palliative care by registered nurses to keep terminally-ill patients as physically comfortable as possible and improve their quality of life. Volunteer opportunities available.

phone: **961-2818 (x 0)**

The Bereavement Center of Westchester TreeHouse Program

provides grief support programs for children, teens and adults. Services include bereavement support groups, individual counseling and school and community outreach. Volunteer opportunities available.

phone: **961-2818 (x 317)**

website: www.treehouse-bcw.org

Area served: Westchester and neighboring communities.

Fees: *Lawrence Home Care of Westchester and Jansen Memorial Hospice:* Medicare, Medicaid, and most private insurance accepted. *The Bereavement Center:* contributions welcome.

Lawrence Hospital Bargain Box Thrift Shop

787-3195

55 Palmer Avenue
Bronxville, NY 10708

Hours: M – F 9:30-4; Sat. 10-2.

A thrift shop selling gently-used clothing and furniture at inexpensive prices. All proceed benefit Lawrence Hospital.

Area served: Westchester.

**Lawrence Physical
Therapy & Sports
Medicine Services**

787-3370

Lawrence Hospital Center
55 Palmer Avenue
Bronxville, NY 10708

723-1642

Vernon Hills Shopping Center
700 White Plains Road
Scarsdale, NY 10583

**Lawyer Referral
Service of the
Westchester County
Bar Association**

761-5151

300 Hamilton Avenue, Suite 301
White Plains, NY 10601

Hours: M – F 10-4.

Legal referrals by location and types
of legal service.

Area served: Westchester; no fee for
referral. Reduced rates for first half-
hour consultation. Subsequent fees
negotiated.

**Lighthouse
International**

www.lighthouse.org

683-7500

170 Hamilton Avenue
White Plains, NY 10601

New York Lighthouse Vision
Rehabilitation provides comprehensive
services for the vision impaired
including low-vision evaluations,
caregiver support, counseling, and
personal care. Low vision products
are available at their store.

Area served: Westchester and
beyond; call for fees and special
arrangements for payments.

**The Loft, Gay/
Lesbian Support
Services**

www.loftgaycenter.org

948-2932

180 East Post Road
White Plains, NY

Provides peer support, a help line,
social and educational opportunities
and adult programs.

Center Lane: 948-1042

Support for 14 -21 year olds.

Help Line: 948-4922

Information and referral.

Westchester County Liaison Office:
995-5742



**The Maxwell
Institute of
St. Vincent's West. -
See St. Vincent's
Westchester**

**Meals-on-Wheels
10708, Inc.**

787-3027

email: mow1973@aol.com

Palmer Hall, 55 Palmer Avenue
Bronxville, NY 10708

Seven day/week, hot home meals
delivery program for the elderly, ill or
disabled in the 10708 and adjacent
communities at minimal fee. Location
is criteria for participation.

Area served: Bronxville 10708,
Eastchester, Tuckahoe, call for fees.

**Mental Health
Association of
Westchester**

www.mhawestchester.org

347-2596

2269 Saw Mill River Road
Building 1A
Elmsford, NY 10523

Hours: M, T, Th. 9-9; W, F 9-5.

Full service outpatient mental health
agency which offers individual and
family therapy as well as medication
management. Specialized services for
victims of domestic violence.

Area served: Westchester;
call for fees.

**Montefiore
Medical Center**

www.montefiore.org

718-904-2000

Physician Referral:

800 MD MONTE

Pelham Parkway section of northern
Bronx

The University Hospital for the Albert
Einstein College of Medicine,
Montefiore offers a full range of
healthcare services, including
special centers in cancer, children's
medicine, heart disease, surgery
and women's health.

**The Children's Hospital
at Montefiore**

www.montekids.org

718-741-2426

3415 Bainbridge Avenue
Bronx, NY 10467

Pediatric specialists offer an extensive
range of health care services for
children and adolescents.

Mount Vernon Hospital 664-8000

12 North Seventh Avenue
Mount Vernon, NY 10550

A 245-bed teaching facility whose programs include a hyper-baric wound care center, an AIDS center, an emergency psychiatric unit, maternity services, as well as an emergency room.

My Sister's Place, Inc.

www.mysistersplaceny.org

683-1333

2 Lyon Place, Suite 300
White Plains, NY 10601

Hours: Office 9-5, Shelters 24/7.

A private, not-for-profit organization dedicated to ending abuse and violence in intimate relationships with a primary focus on women. Services include legal advocacy, education program, local support groups, individual counseling, information and referral, 2 residential facilities for emergency housing and a life skills center.

Area Served: Westchester; fees according to ability to pay.



New York - Presbyterian Hospital Westchester Division

www.nyp.org

682-9100

21 Bloomingdale Road
White Plains, NY 10605

Psychiatric hospital providing comprehensive in-patient and out-patient medical health services.

Addiction Recovery Services

997-4300

Hours: 24/7.

Provides a full spectrum of addiction recovery services, including inpatient, outpatient and day treatment programs.

Call for fees.

Anxiety & Mood Disorder Program

997-5950

Child Adolescent Services

997-5952

Eating Disorder Program

682-6929

Hours: M - F 8:30-4:30.

20 bed inpatient unit, partial hospitalization or day program, outpatient; individual psychotherapy, family therapy, pharmacological therapy.

Hudson Valley Developmental Disabilities Services Office (HVDDSO)

**(Division of New York State
Office of Mental Retardation
& Developmental Disabilities)**

www.omr.state.ny.us

332-8989

220 White Plains Road, Suite 675
Tarrytown, NY 10591

Coordinates and provides services for people with developmental disabilities and their families.

Area served: Westchester, Rockland and Sullivan Counties.

New York State Talking Book and Braille Library

www.nysl.nysed.gov/tbbl

800-342-3688

Cultural Education Center
Albany, NY 12230

Offers lending services for recorded and Braille books and magazines (free shipment and return), special play-back equipment, and use of information and referral services for persons who cannot read conventional printed matter. Call for application.

Area Served: New York State; free.



Pace Women's Justice Center

www.law.pace.edu/bwjc

422-4069

78 North Broadway
White Plains, NY 10603

Provides women, minorities and the elderly with information about legal issues including family law, elder law and employment discrimination through telephone counseling.

Pathways School

www.pathwaysschool.com

779-7400

291 Main Street
Eastchester, NY 10707

Hours: School days 9-2:30.

A private school for grades K-6 designed specifically for students on the autism spectrum, as well as students with other neurological impairments.

**Pelham
Guidance Council
738-0530**

253 Wolf's Lane
Pelham, NY 10803

Hours: M – F 9-5.

Individual, family or group counseling for young people, ages 12 to 26, with family, personal or drug-related problems. Community education and outreach, advocacy services.

Area served: Westchester.
Parental permission not required.

**Phelps Memorial
Hospital Center
www.phelpshospital.org
366-3000**

Physician referral: 366-3367

701 North Broadway (Route 117)
Sleepy Hollow, NY 10591

A 235 bed not-for-profit acute care hospital. It offers alcohol and substance abuse treatment, health screenings, and education programs including an outpatient diabetes education program are offered. Volunteer opportunities available.

**Phelps Memorial
Cancer Support**

Medical Oncology: 366-0664

777 North Broadway
Sleepy Hollow, NY 10591

Outpatient cancer care facility affiliated with Memorial Sloane Kettering providing diagnostic and treatment services, including chemotherapy and radiation therapy.

**Phelps Memorial Hospice
366-3325**

701 N. Broadway, Sleepy Hollow, NY
Hours: M – F 8-4; on call 24/7 at
366-3000.

Provides end-of-life care for patients with terminal illnesses. An interdisciplinary approach is taken to provide services in patient's home.

Area Served: Westchester. Call for fees.

**Planned Parenthood
Westchester/Putnam**

www.pphp.org

800-230-7526

New Rochelle Center: 632-4442
247-249 North Ave, New Rochelle

White Plains Center: 761-6566
175 Tarrytown Road, White Plains

Offers gynecological care, birth control, pregnancy testing, options counseling, emergency contraception, STI services, HIV/AIDS services, prenatal care, mid-life services and cancer screening.

Area served: Lower Westchester;
sliding scale fees.

**Pregnancy Care
Center**

www.pregnancycarecenter.net

235-9535

466 Main Street, New Rochelle, NY

Support, counseling, referral service for women facing an unwanted pregnancy. Center offers a residential program for mother and child in White Plains. Goal is to nurture responsible motherhood.

Area served: Westchester.

**Psychiatric Society
of Westchester, Inc.**

www.wpsych.org

967-6285

555 Theodore Fremd Avenue
Suite B100
Rye, NY 10580-1437

Branch of the American Psychiatric Association which provides referrals to member psychiatrists.

Area served: Westchester; free.



**Rags to Riches
Thrift Shop for
Asbury United
Methodist Church
779-3722**

167 Scarsdale Road
Tuckahoe, NY 10707

Hours: W & Sat. 10-2;
closed August.

Shop sells gently used men's,
women's and children's clothing.

**Richmond of
New York**

www.richmondgroup.org

968-1900/968-7170

919 North Broadway
Yonkers, NY 10701

Hours: Office: M – F 9-5.

Provides residential facilities for handicapped children including multiple group homes; respite care; early intervention; Medicaid service coordination and adult day programs for individuals with severe developmental disabilities.

Area served: Westchester; free.



**St. John's Riverside
Hospital**

(formerly Yonkers General Hospital)

www.riversidehealth.org

964-4444

Physician referral: 964-7990

967 North Broadway
Yonkers, NY 10701

Full-service hospital providing comprehensive inpatient and outpatient care in areas including cardiology and cardiac care, diabetes, wound healing, and holistic care.

**St. John's Riverside
Park Care Pavilion**
**Alcohol & Substance Abuse
Treatment; and Behavioral &
Health Services**

**964-7873 or
877-YGH-Care**
(toll free, after-hours phone)

2 Park Avenue
Yonkers, NY 10703

Hours: 24/7.

Offers a comprehensive range of inpatient and outpatient chemical dependency treatment services. Programs are offered at a number of locations throughout Westchester including Archway, Greenburgh ATS, and New Focus Center.

Area Served: Greater NY metropolitan area; call for fees.

**St. Vincent's
Hospital
Westchester**

www.svcmc.org

967-6500

275 North Street
Harrison, NY 10528

Hours: 24/7.

Offers comprehensive inpatient and outpatient mental health services and substance abuse services for older adults and their families. Volunteer opportunities available.

Area Served: Westchester; call for fees.

**The Maxwell Institute
of St. Vincent's Hospital
Westchester**

337-6033
92 Yonkers Avenue
Tuckahoe, NY 10707

Hours: M, W, Th. 9-8:30; T, F 9-5.

Provides treatment of chemical dependency in adolescents and adults. Also provides alcohol and drug abuse education programs for families, schools and other community groups.

Area served: Westchester and Bronx; sliding scale fees. Most insurance, Medicaid and Medicare accepted.

**Senior Citizens
Council**

PO Box 24
Bronxville, NY 10708

Parent organization that oversees the operations and fund-raising for the Bronxville and Tuckahoe Senior Centers.

**Bronxville Senior Center:
793-2222**

Reformed Church of Bronxville
180 Pondfield Road
(Tuesday & Friday program)

**Tuckahoe Senior Center:
337-8487**

4 Union Place
(Tuesday & Thursday program)

Silver Hill Hospital

www.silverhillhospital.com

800-899-4455

208 Valley Road
New Canaan, CT 06840

Not-for-profit psychiatric hospital that works to eliminate the symptoms, suffering, social disability and mortality associated with mental illness and chemical dependency.

**Sound Shore
Medical Center**

www.ssmc.org

632-5000

Physician Referral:

637-5463

16 Guion Place
New Rochelle, NY 10802

Offers emergency medicine, maternity services, a cancer center, a cardiac rehabilitation center, and a geriatric institute. Support groups include cancer support groups for patients, family and friends (637-1431); Heart-to-Heart cardiac support groups for patients and family (637-1431) and Sweet Talk diabetes support group (632-5000, ext 4059.)

**South East
Consortium for
Special Services,
Inc.**

www.secrec.org

698-5232

740 W. Boston Post Road, Suite 301
Mamaroneck, NY 10543

Hours: M – F 8:30 – 6.

Consortium of town recreation departments provides community-based therapeutic recreation programs and services for youths, teens and adults with disabilities.

Area served: Southern Westchester; call for fees and financial aid.

**Student Advocacy
347-3313**

3 West Main Street
Elmsford, NY 10523

Provides information, advice and representation to help families resolve their child's school problems and obtain the maximum educational benefits under the law.

Area Served: Westchester and Putnam Counties; call for fees



**Tuckahoe After
School Care Inc.
(TASC)**

337-5376 (x242)

Cottle Elementary School
2 Siwanoy Boulevard
Eastchester, NY 10709

Fully-licensed before/after school program for students in grades K-7 that creates a safe, nurturing environment through education, social, and recreational activities.



Victims Assistance Services

www.victimassist.org

345-3113

**Helpline: 800-726-4041
or 345-9111 (24/7)**

2269 Saw Mill River Road
Elmsford, NY 10523

Hours: Office M – F 9-5.

Provides free services to victims of crime in Westchester County through a skilled staff of counselors, social workers and bilingual advocates in neighborhood offices and criminal justice settings. Services include crisis intervention, lock-change, community education, safety planning, court accompaniment and many others.

Area Served: Westchester; free.



Westchester County Department of Health

www.westchestergov.com/health

813-5000

Health Department Central Office
145 Huguenot Street
New Rochelle, NY 10801

District Office:

134 Court Street
White Plains, NY 10601

995-5800

Government agency dedicated to protecting health of the public by controlling the spread of disease; enforcing safety and sanitary codes; promoting healthy choices; providing timely health information and assisting with medical services. All offices offer clinical services in various areas of health, including immunizations, mammograms, TB clinics, AIDS testing, etc. Agency is also mandated to provide early intervention services for children with disabilities, ages birth to three.

Westchester County Department of Community Mental Health **995-5220**

112 East Post Road
White Plains, NY 10601

Hours: M – F 9-5.

Offers wide variety of services and referrals for mental health, including substance abuse counseling and services for the developmentally disabled.

Westchester County Department of Health's Sexually Transmitted Disease Clinic

Clinics are located at District Offices in New Rochelle, White Plains, and Yonkers.

Westchester County Department of Probation

www.westchestergov.com/probation

Adult Family Court Intake

www.westchestergov.com

Hours: M – F 9-5.

Provides preparation for matters involving domestic violence, custody/visitation and spousal support. Free.

For B'ville/Tuckahoe: 231-2900

53 South Broadway
Yonkers, NY 10701

For Eastchester: 995-4762

112 East Post Road – 2nd floor
White Plains, NY 10601

Persons in Need of Supervision (PINS) Division

www.westchestergov.com

Hours: M – F 9-5.

Addresses issues of incorrigibility, ungovernability, runaway, truancy and other non-delinquent acts of disruptive behavior.

**For B'ville/Tuckahoe (to age 16):
231-2900**

53 South Broadway
Yonkers, NY 10701

**For All Eastchester youths and
B'ville/Tuckahoe (age 16 & 17):
995-4762**

112 East Post Road – 2nd floor
White Plains, NY 10601

Westchester County Department of Social Services' Adult Protective Services

www.westchestergov.com

995-5411

85 Court Street
White Plains, NY 10601

Services for adults who, due to physical or mental impairments, cannot take care of their daily needs, protect themselves from harm, or who have no willing family or guardian.

Area served: Westchester; free.

**Westchester
County District
Attorney Office's
Community Crime
Prevention
995-3317**

111 Dr. Martin Luther King Jr. Blvd.
White Plains, NY 10598

Provides innovative crime prevention initiatives for all ages with an emphasis on prevention education, Safe Smiles, Children 1st (ages 2-12), Clear Choices (middle school), Pro-Law (high school), Speakers Bureau (adults) and Watchful Eye (senior citizens).

Area served: Westchester; Free except Clear Choices.

**Westchester
County Healthcare
Organization's
AIDS Care Center
493-7700**

Taylor Care Center C-2
Valhalla, NY 10595

Provides HIV primary care to infected individuals. Also offers HIV counseling and testing, dental care and pastoral care.

Area served: Westchester and beyond; call for fees.

**Westchester
County Office for
the Disabled
995-2957**

www.westchestergov.com/disabled

148 Maritime Avenue
White Plains, NY 10601

Hours: M – F 8-5.

Provides information, referral service, advocacy, sign language interpreter referral, a quarterly newsletter, and ID cards for eligible participants to ride public transportation at reduced rates. Office also administers the Bee-Line ParaTransit Service for qualified persons whose disabilities prevent them from using regular bus service.

**Westchester
End-of-Life
Coalition**

www.westchesterendoflife.org

c/o Mailboxes USA
81 Pondfield Road, #135
Bronxville, NY 10708

Group comprised of individuals and agencies working together to improve the end-of-life experience in Westchester. Provides information on medical directives, etc. Volunteer opportunities available.

**Westchester Jewish
Community Services
(WJCS)**

www.wjcs.com

761-0600

845 North Broadway, Suite 2
White Plains, NY 10603

Multi-service agency offering wide range of clinical and community based mental health services, home health services, and services for people with learning or developmental disabilities.

**WJCS's Bereavement
Program**

949-7699 (x 366 or 367)

141 North Central Avenue
Hartsdale, NY 10530

Call for hours.

Out-patient mental health clinic offers counseling and group therapy for the newly grieving. Individual therapy is also available.

Area Served: Westchester; call for fees.

**WJCS's Center Lane
948-1042**

Mailing address:

845 North Broadway
White Plains, NY 10603

Facilities address:

180 E. Post Road – Lower Level
White Plains, NY

Hours: M, W, Th. 3-8.

Community center for gay, lesbian, bisexual and questioning youth ages 15-21. Support groups, counseling, social activities, advocacy and networking.

Area served: Westchester; free.

**WJCS's Westchester
Self-Help Clearinghouse**

www.wjcs.com

949-7699

141 North Central Avenue
Hartsdale, NY 10530

Information and referral to more than 280 self-help groups in Westchester County. Clearinghouse assists in the formation of new groups, publishes a newsletter and directory of self-help groups and provides telephone networks for newly separated women and newly widowed men and women.

Area served: Westchester; free.

Westchester Mediation Center 963-6500

Yonkers City Hall
20 South Broadway
Yonkers, NY 10701

Additional Location:
2 Fisher Court
White Plains, NY 10601

Hours: M – F 9-5.

Services include community mediation, custody / visitation mediation, Lemon Law arbitration, PINS (Persons in Need of Supervision) mediation and eviction prevention.

Area Served: Westchester; call for fees.

Westchester Medical Center

www.wcmc.com

493-7000

Valhalla Campus
Valhalla, NY 10595

Physician Referral:

493-8026

Offers a myriad of services including maternity services, cardiac services, childrens hospital, cancer institute, transplants (including kidney and liver), burn center, ambulatory care and acute rehabilitation.

Westchester Medical Center Behavioral Health Center 493-7850

Offers inpatient and outpatient services including psychiatric emergency room and a Mobile Crisis Intervention team.

Cancer and stroke support services available. Volunteer opportunities available.

Westchester/ Putnam Legal Services 949-1305

4 Cromwell Place
White Plains, NY 10601

Additional location:

30 South Broadway, 6th floor
Yonkers, NY 10701

Hours: M – F 9-5.

Primary provider of civil legal services to low-income residents of Westchester, Putnam and Dutchess Counties. Representation provided for a full spectrum of civil legal problems.

Fee: free

White Plains Hospital Center www.wphospital.org 681-0060

Davis Avenue at East Post Road
White Plains, NY 10601

Full service, non-profit hospital center. Recently opened Women's Imaging Center at Rye Brook. Runs many preventive care programs.

Hours: 24/7.

Area served: Westchester and surrounding areas.

Wilkins Center www.wilkinscenter.com (203) 531-1909

7 Riversville Road
Greenwich, CT 06831

Out-patient mental health facility, featuring comprehensive expert medical, nutritional and psychiatric services for the treatment of eating, weight and psychological difficulties.



YMCA of White Plains 949-8030

250 Mamaroneck Avenue
White Plains, NY 10605

Non-profit recreational facility for all ages. Offers child care, day & sleep-away camp, support services, full range of athletic and exercise options, and senior programs. Facilities include 2 pools, a complete gym, squash & racquet ball courts, track and more. Financial aid available.

Call for brochure and membership options.

YWCA of White Plains & Central Westchester

www.ywcawhiteplains.org

949-6227

515 North Street
White Plains, New York 10605

A women's membership organization which is also open to men, children and families. The community facility offers a variety of programs and resources including exercise, fitness, gymnastics and aquatics programs, day care, nursery school and after-school programs, as well as programs for the disabled.

Call for brochure and membership details.

Health Care Proxy

Health Care Proxy Information:

The New York State Health Care Proxy Law allows an individual to appoint someone he or she trusts – for example, a family member or close friend – to make decisions about medical care if the individual is unable to do so. The person appointed must agree to act as a health care agent and should be willing and able to follow instructions on critical medical issues such as use of ventilators and orders not to resuscitate. An individual may also execute a New York Living Will, which sets forth his or her desires as to medical treatment and can be used in support of the Health Care Proxy.

Once the form has been filled out, it is critical that it be given for safekeeping to a family member, clergy person, doctor or other person who could be easily reached in the event of an emergency.

Health Care Proxy Forms and Living Wills are available from the Social Work Services Department of Lawrence Hospital Center, 55 Palmer Avenue, Bronxville, NY 10708, telephone 787-3095.

Health Care Proxy

(1) I, _____
Hereby appoint _____
(name, home address and telephone number)

as my health care agent to make any and all health care decisions for me, except to the extent that I state otherwise. This proxy shall take effect only when and if I become unable to make my own health care decisions.

(2) **Optional: Alternate Agent,**
If the person I appoint is unable, unwilling or unavailable to act as my health care agent, I hereby appoint _____
(name, home address and telephone number)

as my health care agent to make any and all health care decisions for me, except to the extent that I state otherwise.

(3) Unless I revoke it or state an expiration date or circumstances under which it will expire, this proxy shall remain in effect indefinitely. *(Optional: If you want this proxy to expire, state the date or conditions here.)* This proxy shall expire *(specify date or conditions):* _____

(4) **Optional:** I direct my health care agent to make health care decisions according to my wishes and limitations, as he or she knows or as stated below. *(If you want to limit your agent's authority to make health care decisions for you or to give specific instructions, you may state your wishes or limitations here.)* I direct my health care agent to make health care decisions in accordance with the following limitations and/or instructions *(attach additional pages as necessary):*

In order for your agent to make health care decisions for you about artificial nutrition and hydration *(nourishment and water provided by feeding tube and intravenous line)*, your agent must reasonably know your wishes. You can either tell your agent what your wishes are or include them in this section. See instructions for sample language that you could use if you choose to include your wishes on this form, including wishes about artificial nutrition and hydration.

